



**Vancouver West Dental Associates**

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**Dr. Fernanda Almeida**

DDS, MSc, PhD  
Dental Sleep Medicine

Patient: \_\_\_\_\_

DOB: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Phone: ( \_\_\_\_ ) \_\_\_\_\_

■ **DIAGNOSIS:** (Please check)

- |  |   |                                       |
|--|---|---------------------------------------|
| <input type="checkbox"/> Snorer                            | <input type="checkbox"/> UARS                         | <input type="checkbox"/> Fibromyalgia |
| <input type="checkbox"/> Suspected Obstructive Sleep Apnea | <input type="checkbox"/> Failed Upper Airway Surgery  | <input type="checkbox"/> Narcolepsy   |
| <input type="checkbox"/> Obstructive Sleep Apnea           | <input type="checkbox"/> Insomnia                     | <input type="checkbox"/> Other: _____ |
|  | <input type="checkbox"/> Restless Leg Syndrome or PLM |                                       |

■ **MEDICAL JUSTIFICATION:** Patient has attempted CPAP and has not complied for the following reason(s):

- |  |  |
|--|--|
| <input type="checkbox"/> Unable to tolerate Mask | <input type="checkbox"/> High CPAP pressure  |
| <input type="checkbox"/> Chronic Sinus           | <input type="checkbox"/> Patient may benefit from combination: CPAP + Oral Appliance |
| <input type="checkbox"/> Dermatitis              | <input type="checkbox"/> Other: _____  |

■ **REFERRAL FOR:**

- |   |
|---|
| <input type="checkbox"/> Oral appliance for the treatment of OSA/UARS/Snoring |
| <input type="checkbox"/> Other: _____   |

Due to the above noted history I am recommending a consult for an evaluation of Oral Appliance Therapy for this patient.

Referring Doctor: \_\_\_\_\_ Phone: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**Please Fax or email this form with a copy of the PSG/oximetry to  
Fax: 604-732-5311 - email: info@vancouverwestdental.ca**